Please Share the Road by riding safely, lawfully, and courteously.
- Ride to the right and no more than two abreast.
- Obey traffic control devices.
- Use hand signals when stopping and turning.

In case of an Emergency, call 911
For Sag Support, call xxx-xxx-xxxx
Monster Cookie Metric Century Bicycle Ride

0.0  **START** westbound on Court St
0.6  **RIGHT** on Front St bypass
1.0  **LEFT** on Commercial St
1.0  Commercial St becomes Liberty St
2.2  **RIGHT** on Pine St
2.8  **LEFT** on Cherry Ave
3.5  cross Salem Parkway
4.5  **RIGHT** on Manbrin Dr
4.8  Manbrin Dr becomes Thorman Ave
5.2  **RIGHT** on Dearborn Ave
5.6  **LEFT** on Verda Ln
5.8  **RIGHT** on Chemawa Rd at roundabout
6.6  continue straight onto Keizer Station Blvd
7.4  bear right at Tepper Ln
7.7  Keizer Station Blvd becomes 35th Ave
9.0  **LEFT** on Quinaby Rd
9.6  **RIGHT** on River Rd
10.8 cross Brooklake Rd
11.2 **CAUTION:** RR crossing at very bad angle
12.5 cross Waconda Rd
13.8 Matheny Rd
14.1 Concomly Rd
15.3 **REST STOP – Zielinski Farm**
   Exercise caution when turning left into rest stop.
15.4 straight onto French Prairie Rd
16.1 **RIGHT** on St Louis Rd
17.2 **LEFT** on Manning Rd
18.7 Manning Rd becomes Deconinck Rd
19.3 DeConinck Rd becomes Arbor Grove Rd
20.5 **LEFT** on Hwy 219
20.7 **RIGHT** on Arbor Grove Rd
23.1 Broadacres Rd
23.8 **RIGHT** on St Paul Hwy
24.3 **LEFT** on Case Rd
26.4 cross Yergen Rd to continue on Case Rd
27.7 **LEFT** on Champoeg Rd
28.7 **RIGHT** into Champoeg State Park
28.8 straight toward Oak Grove Group Picnic Area
29.3 **LEFT** toward Oak Grove Group Picnic Area
29.5 **LUNCH AT OAK GROVE GROUP PICNIC AREA**
29.5 After lunch, continue through parking lot to resume the ride.
29.7 **RIGHT** toward Park exit
30.2 straight toward Park exit
30.5 **RIGHT** on Champoeg Rd
30.6 **LEFT** on French Prairie Rd
31.8 cross McKay Rd
34.1 cross St Paul Hwy onto Hwy 219
37.0 bear right onto French Prairie Rd
40.2 St Louis Rd
40.9 straight onto River Rd
41.0 **REST STOP – Zielinski Farm**
42.2 Concomly Rd
42.5 **RIGHT** on Matheny Rd
45.6 straight onto Wheatland Rd
46.4 Willamette Mission State Park
47.3 Waconda Rd
48.8 Brooklake Rd
49.2 **RIGHT** on Ravena Dr
50.3 **LEFT** on Salmon St
50.8 **RIGHT** on 9th Ave
51.0 **LEFT** on Simon St
51.3 **LEFT** on Windsor Island Rd
55.1 Lockhaven Dr
55.7 straight onto Shoreline Dr at Chemawa Rd
56.4 **LEFT** on Manbrin Dr
56.9 straight at River Rd
57.0 **RIGHT** on Cherry Ave
57.9 cross Salem Parkway
58.2 **RIGHT** on Auto Group Ave
58.4 continue left onto Maple Ave
58.5 continue straight onto multi-use path
58.6 continue straight onto Maple Ave
58.9 cross Pine Street
59.0 **CAUTION:** Rough RR crossing
59.3 **LEFT** on South St
59.3 **RIGHT** on Cottage St
59.6 **LEFT** on Norway St
59.6 **RIGHT** on Winter St
60.5 **LEFT** on Center St
60.6 **RIGHT** onto Capitol Mall
60.7 **END AT CAPITOL MALL PLAZA**