Cyclists of all abilities are invited to participate in club rides. We require the use of helmets meeting CPSC requirements. Riders should carry a water bottle, tire pump, spare tube and patch kit.

Rides start at the Red Lot, located between Center and Marion Streets on Capitol Street across from McDonald’s, unless otherwise indicated. The difficulty level of each ride is indicated by the following letters: A=Flat, B= Few Hills, C= Hilly, D= Very Hilly. You must be an experienced cyclist to participate in C and D level rides or rides of 50 miles or more. Maps or directions for all routes are available from the ride coordinator at the beginning of each ride. The club requires that all riders start the ride at the scheduled time and place to comply with club insurance regulations and to receive mileage credit. Check the club’s Facebook page or follow the club on Twitter for updates and changes in the ride schedule. For additional information, please contact the ride coordinator.

The High Wheeler symbol is used on certain rides to indicate that a club member will accompany slower cyclists on the entire route. New riders are encouraged to participate on highwheelers until they have become acquainted with the club.

### March Weekend Rides

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>Location</th>
<th>Miles</th>
<th>Diff.</th>
<th>Coordinator</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>5</td>
<td>Sat</td>
<td>10:00 AM</td>
<td>Brooklake</td>
<td>28</td>
<td>A</td>
<td>Marilyn Monson</td>
<td>503-559-3589</td>
</tr>
<tr>
<td>5</td>
<td>Sat</td>
<td>10:00 AM</td>
<td>Cooper Hollow II</td>
<td>43</td>
<td>C</td>
<td>Chuck Young</td>
<td>503-779-4010</td>
</tr>
<tr>
<td>6</td>
<td>Sun</td>
<td>10:00 AM</td>
<td>Perrydale/Amity</td>
<td>48</td>
<td>B</td>
<td>Chris Hoy</td>
<td>503-569-7515</td>
</tr>
<tr>
<td>6</td>
<td>Sun</td>
<td>1:30 PM</td>
<td>Schreiner’s Iris Garden</td>
<td>25</td>
<td>A</td>
<td>Marilyn Monson</td>
<td>503-559-3589</td>
</tr>
<tr>
<td>12</td>
<td>Sat</td>
<td>10:00 AM</td>
<td>Lake Labish via Waconda</td>
<td>25</td>
<td>A</td>
<td>Marilyn Monson</td>
<td>503-559-3589</td>
</tr>
<tr>
<td>12</td>
<td>Sat</td>
<td>10:00 AM</td>
<td>North Santiam</td>
<td>40</td>
<td>B</td>
<td>Chuck Young</td>
<td>503-779-4010</td>
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<tr>
<td>13</td>
<td>Sun</td>
<td>10:00 AM</td>
<td>Sublimity East Hills</td>
<td>51</td>
<td>C</td>
<td>Chris Hoy</td>
<td>503-569-7515</td>
</tr>
<tr>
<td>13</td>
<td>Sun</td>
<td>1:30 PM</td>
<td>N Howell &amp; Torvend</td>
<td>22</td>
<td>A</td>
<td>Norm Johnson</td>
<td>503-569-4255</td>
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<td>19</td>
<td>Sat</td>
<td>10:00 AM</td>
<td>Irish Cream</td>
<td>34</td>
<td>A</td>
<td>Jim Ross</td>
<td>503-581-7462</td>
</tr>
<tr>
<td>19</td>
<td>Sat</td>
<td>10:00 AM</td>
<td>Maple Grove</td>
<td>58</td>
<td>B</td>
<td>Preslee Jeffers</td>
<td>971-563-1017</td>
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<tr>
<td>20</td>
<td>Sun</td>
<td>10:00 AM</td>
<td>Amity Daffodil Festival</td>
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<td>Chris Hoy</td>
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<tr>
<td>20</td>
<td>Sun</td>
<td>1:30 PM</td>
<td>Volcano Loop</td>
<td>25</td>
<td>A</td>
<td>Jakey Ross</td>
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### March Weekend Rides - continued

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<tr>
<td></td>
<td></td>
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<td></td>
<td></td>
<td></td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>Marilyn Monson 503-559-3589</td>
<td></td>
<td></td>
</tr>
<tr>
<td>26</td>
<td>Sat</td>
<td>10:00 AM</td>
<td>Jerusalem Hill</td>
<td>34</td>
<td>C</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>JoAnn Dewey 503-871-3141</td>
<td></td>
<td></td>
</tr>
<tr>
<td>27</td>
<td>Sun</td>
<td>10:00 AM</td>
<td>Palestine Hill</td>
<td>55</td>
<td>C</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>Mark Lebow 503-390-4627</td>
<td></td>
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<tr>
<td>27</td>
<td>Sun</td>
<td>1:30 PM</td>
<td>Windsor Island - Shoreline Drive</td>
<td>21</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>Winnie Sangirardi 503-362-9150</td>
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### April Weekend Rides - partial list

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<tr>
<td></td>
<td></td>
<td></td>
<td>Joanne Heilinger 503-399-9652</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2</td>
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<td>9:00 AM</td>
<td>Searching for Shaw</td>
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<td>B</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>JoAnn Dewey 503-871-3141</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>Sun</td>
<td>9:00 AM</td>
<td>Abiqua Creek</td>
<td>49</td>
<td>B</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Chuck Young 503-779-4010</td>
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</tr>
<tr>
<td>3</td>
<td>Sun</td>
<td>1:30 PM</td>
<td>Macleay via Howell Prairie</td>
<td>25</td>
<td>A</td>
</tr>
<tr>
<td></td>
<td></td>
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<td>Marilyn Monson 503-559-3589</td>
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### Weekday Rides

<table>
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<td>No-Drop Morning Ride</td>
<td>30-45</td>
<td>A-B</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Dori Nelson 503-364-1551</td>
<td></td>
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</tr>
<tr>
<td>Wednesdays</td>
<td>10:00 AM</td>
<td>East Salem Morning Ride</td>
<td>30-45</td>
<td>A-B</td>
</tr>
<tr>
<td></td>
<td></td>
<td>George Schopfer 503-364-1025</td>
<td></td>
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</tr>
<tr>
<td>Wednesdays</td>
<td>6:30 PM</td>
<td>Wednesday Evening Lights Ride</td>
<td>15-20</td>
<td>A-B</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Joanne Heilinger &amp; John Henry Maurice 503-399-9652 or 503-559-7417</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Meet at McKay Park on Hollywood Dr between Silverton Rd and Sunnyview Rd. Participants will ride together. Ride will be canceled for inclement weather. New riders should call the ride coordinator to confirm start location and time.

Meet at McKay Park on Hollywood Dr between Silverton Rd and Sunnyview Rd. Ride may be canceled if weather is questionable. Call the ride coordinator if in doubt.

Meet in the Keizer Station shopping center in front of REI. Ride may be canceled if weather is questionable. Call the ride coordinators when in doubt. Legal head lights and tail lights are required.

*Monday, Tuesday and Thursday evening rides begin in April. Wednesday evening rides move to McKay Park. Watch for the April Spokes or check the Weekly Rides calendar at salembicycleclub.org for more information.*
**PRESIDENT’S LINK**

This is my first President’s Link and the first thing I want to do is to introduce to the Salem Bicycle Club members and friends, the 2016 SBC Board. I am the President, The other board members are as follows:

- David Philbrick, Vice President;
- Sandy Lundblad, Treasurer;
- Marilyn Monson, Secretary;
- Preslee Jeffers, Membership Chair;
- Bob Luoma, Chris Hoy, Winnie Sangirardi, and Chuck Young, Members-at-Large.

The Board will be active in 2016 helping with the 40th anniversary of the Monster Cookie. Larry Miles and myself will be the Cookie Coordinators this year. Wow, 40 years! The Peach will be 31 years old in 2016. Joanne Heilinger and David Philbrick will be the Peach Coordinators. So the SBC has some fine traditions to continue in 2016.

The 2016 Board will continue to promote bicycling and bicycle safety in the Keizer-Salem area by our involvement in community cycling activities, donations to groups promoting cycling and safety, member education, and encouraging novice and family oriented rides.

Should the SBC go paperless with our newsletter SPOKES? Printing and especially mailing costs are going up dramatically. We are getting some confusing mail delivery service of SPOKES with many of our out-of-town members getting their newsletters late, or not at all. The Board does not really want to increase our membership fees to cover this cost. I have asked Chris Hoy to head up a task force to look at a paperless option and determine how it best could be accomplished. So stay tuned for further details on this subject.

If you have any ideas, thoughts or questions about the SBC, our meetings and all the rides we do, feel free to contact myself or any of the Board members.

Keep on Cycling!

**Fun Fact**

In 1817, Karl von Drais, a German baron, invented a horseless carriage that would help him get around faster. The two-wheeled, pedal-less device was propelled by pushing your feet against the ground. The machine became known as the “draisine,” and led to the creation of the modern-day bicycle.

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**UPCOMING GENERAL MEETING PROGRAMS**

**March 22, 2016**  
Ray Thomas, Bike Advocate & Lawyer:  
Learn about and get your questions answered on current Bike and Transportation laws.

**April 24, 2016**  
Henry Miller, retired Statesman Journal reporter: An encore presentation on reporting outdoor activities.

**May 24, 2016**  
Bike Month  
Members Show your bike off Night - Old or New.

**June 28, 2016**  
Gary Obery  
Smart Cycling tips from the League of American Bicyclists.

**July 26, 2016**  
Julie Yip  
ODOT Traffic Safety Oregon Safe Routes to School, Oregon Bicyclist and Pedestrian Safety Education.

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**NEW MEMBERS**

WELCOME TO OUR NEWEST CLUB MEMBERS

- James Dunnington
- Robert Cortright
- Eric McHone  503-930-0277
- Ragan McHone  503-930-0277
- Kate McCarty  503-893-0420
- Paul Kuhns  503-910-6720
Jean Brougher

1. Where did you grow up? I grew up on the coast of Maine, less than a stone’s throw from high tide.

2. Family? I currently live alone, but share my house – Century House Bed and Breakfast - with an extended family of hundreds of strangers (guests) a year. More extended family through my early childhood teaching job - dozens of kids who have grown up with me. And family scattered around Oregon - including numerous grandchildren and a few greats. Never a dull moment.


4. First impression of the club? My first contact was recruiting help for a fundraiser that I was hosting - lots of kind, helpful, knowledgeable, amazing people.

5. Best/funniest club memory(s)? Probably hearing the outcomes of those of us who attempted our first gut buster with various levels of success and failure. I think only Elise and Dennis completed the entire route on that day.

6. Club involvement/volunteering? I usually help load gear into the truck after the Monster and Peach. A way to stretch and keep moving after hours of pedaling.

7. On average how many miles do you ride each week? I currently do more stairs (it’s a sport you know) than miles with the bed and breakfast. Maybe 50 miles per week, and I also have many carless days per year.

8. Most miles ridden in one day (club or non-club miles)? 113, on a RAGBRAI day - with a tailwind :-).

9. How many Monster Cookies and Peach of a Centuries have you ridden? Not sure, maybe about 10 each.


11. What advice would you give new SBC members? Life is not a race. Do it your way.

12. Random fact about you? I really did join the sport of stair climbing last year, and raced 160 flights at Big Pink, in Portland, for the Lung Association. I tell people that I came in second in my category. I don’t usually tell them how many were in the category of over 60:-)


14. Interests/hobbies other than cycling? Reading, quilting, playing in the yard, meeting new people.
MEETING MINUTES

January 12 Board of Directors’ Meeting

Present: Hersch Sangster, David Philbrick, Sandy Lundblad, Marilyn Monson, Winnie Sangirardi, Chris Hoy, Chuck Young, Preslee Jeffers, Bob Luoma.

Hersch opened the meeting and welcomed the new board. He explained that the Treasurer and Secretary needed to be formally selected at the first board meeting of the year. The board passed a motion selecting Sandy Lundblad as Treasurer and Marilyn Monson as Secretary.

Treasurer’s Report

Operating Fund: $2,797.86
Ride Events 2,163.52
Money Market 10,748.10
Bank of the Cascades 10,107.53
PayPay 1,235.10
Petty Cash 20.00
Total: $27,072.11

Sandy and Jackie Lefevre had discussed reporting changes and auditing. Sandy distributed the monthly balance sheet, which will now be produced as of the end of the prior month, and will result in the same snapshot each month. She will begin auditing to look at transactions and balances in order to match balances against activities. Sandy also distributed the annual financial report and budget and the Event Rides report. The board noticed that the ending balance for 2014 was $29,656.52, and for 2015 it was $27,072.11. The detail showed that there is a negative inflow for the 40th Anniversary jerseys, which have not yet been sold. The liability insurance renewal with American Specialty was discussed and the board approved that Jackie pay the insurance bill without changes.

Rides Committee: Hersch would like a Rides Committee presentation at each meeting, just to know what’s going on. Chris spoke with Joanne Heilinger, who said there is nothing noteworthy to report at this time.

Annual Banquet: Due to difficulties with the microphone we were trying to use, we will rent audio from Creekside, or use an amplifier that David has and will check out. We may purchase a portable unit in the future if the price is reasonable. Hersch and David will work on the PowerPoint presentation.

Primal will be advertising nationally for us at the 2016 Peach: The consensus of the board was that the date for the 2016 Peach of a Century will be September 11, 2016. David and Joanne will co-chair the Peach.

Memorial for Phyllis Shoemake: The board approved that the club sponsor a $100 brick paver in memory of Phyllis Shoemake. It will be part of the new bike pedestrian bridge between Waterfront Park and Minto Brown. It will have the following inscription:

SBC Honors Phyllis Shoemake – 2015

Monster Cookie update: Ads will be appearing in Bicycling Magazine, on OPB, and family magazines. Chris will update the SBC Facebook page. Primal will be advertising nationally for us at the

continued on page 6

BIKE PEDDLER
SALEM, OREGON

174 Commercial Street NE
(503) 399-7741
www.bikepeddler.com
Seattle Bike show. Sales of Monster Cookie jerseys and T-shirts will be at a separate table at the Monster Cookie ride. The shipping charge if a requested size is unavailable at the event will be $6.00 per item.

**NW Hub Bike Skills Day:** Hersch will handle bike helmet fitting and David will assist at the SBC table at the event on February 6.

**January 24th Annual Banquet**

Approximately 83 people celebrated a year of great cycling at the SBC Annual Awards banquet on January 24th, held this year at Creekside Golf Club. The dinner was delicious and included a fine selection of desserts.

President David Philbrick reviewed the 2015 ride statistics, and noted that club members are more active than ever, as evidenced by the high mileage on the Top 25 list. David showed year to year changes in the club’s financial balances, and provided information regarding event ride costs. The club provides financial support to a number of local non-profit organizations to promote area cycling. SBC also provides education and information at a number of community events, such as the Salem Hospital Health Fair.

David showed the designs for the 40th Anniversary Monster Cookie jersey and T-shirt. Approximately 30 of the jerseys were sold at the banquet.

David presented the SBC awards and Volunteer recognition. Ken Searl was awarded the Battered Saddle-Dan Rice Memorial Award for the most club miles ridden (9,353), and Joanne Heilinger received the PEDAL Award for the most club rides (248). Twenty-two SBC members received the Road Animal Award by participating in both event rides (as rider or volunteer) and by riding 2,500 or more club miles. Many others were mentioned and awarded for the volunteering they did for the club.

Doug Parrow spoke of the RidewithGPS program now available to club members, and explained how to create an account in order to take advantage of this benefit.

Larry Miles and Hersch Sangster will be coordinating the 40th Anniversary Monster Cookie ride, which will take place on April 24, 2016. The event is being publicized by Travel Oregon, OPB and the Oregonian. This year the club is changing the lunch supplier, which will be Keizer Big Town Hero. Organizations supporting the ride include Primal, Courthouse Athletic Club, and Oregon State Parks. Online registration is open now and jerseys and t-shirts may be ordered.

Joanne Heilinger and David Philbrick will be coordinating the Peach of a Century ride, which will take place on September 11, 2016.

The 2016 Board of Directors is:

- Hersch Sangster, President
- David Philbrick, Vice President
- Sandy Lundblad, Treasurer
- Marilyn Monson, Secretary
- Preslee Jeffers, Membership
- Bob Luoma
- Winnie Sangirardi
- Chuck Young
- Chris Hoy

**February 9 Board of Directors’ Meeting**

Present: Hersch Sangster, David Philbrick, Sandy Lundblad, Chuck Young, Winnie Sangirardi, Bob Luoma, Chris Hoy, Preslee Jeffers, Marilyn Monson.

Hersch opened the meeting and welcomed the board members.

*continued on page 7*
Treasurer’s Report

Operating Fund: $5,711.11
Ride Events 3,690.54
Money Market 4,748.49
Bank of the Cascades 10,107.53
Pay Pal 629.05
Petty Cash 20.00
Total: $24,906.72

Banquet Costs: Hersch said that overall the banquet was a success, based on the attendance and the feedback he received. Sandy said that $1,440 was received between January 1 and February 8, and expenses were approximately $4,300, thus the cost of the banquet including awards was about $2,900. Bob and Hersch discussed the banquet date, which coincides with the annual banquet date of a local running club. If the dates were staggered, perhaps the SBC banquet’s attendance would increase. Hersch asked that Preslee and Teresa determine Creekside availability in 2017 a week before, and a week after our usual date, and our usual date.

SBC Budget Review: Sandy presented the proposed 2016 budget, which included notes explaining the makeup of the line items, with some prior and anticipated inflows and outflows, to provide an understanding of how the proposed budget amounts were determined. Possible changes to the budget were discussed, and it was decided to increase the Net Monster Cookie amount, reduce to zero the Meeting Drawings amount, and increase the Awards Banquet amount. The Board passed a motion to approve the budget as amended. David said the Monster Cookie should run positive with jersey sales, and we are hoping for a hugely successful Cookie.

Rides Committee Update: Chris spoke with the Rides Committee and asked that a “Volunteer Monster Cookie” ride be scheduled for the Friday before the Monster Cookie. He would like to incentivize people to volunteer all day Sunday the 24th. The Rides Committee expressed concern that some people work, and wouldn’t be able to ride on Friday. Hersch said he and Larry are supportive of getting more volunteers, and having someone look at the route. He said it is the Rides Committee’s decision. Chris will speak with the Rides Committee again. On June 25-26, Doug Parrow will lead an Old West Scenic Bikeway Pack down in the John Day area. On August 26-28, Chris Hoy will lead a multi-day ride on the Wild Rivers Coast Scenic Bikeway near Port Orford. There will be camping as well as hotel continued on page 8
Minutes, continued from page 7

options. Hersch will lead the Iris Family ride from Cummings Elementary on May 22.

Paperless Spokes Task Force: Hersch asked Chris to head up a task force regarding this subject. Costs are going up, and some folks are not receiving it. Chris will look at the technical issues regarding reading it online, and the possibility of access to back issues, and will provide a recommendation by June.

NW Hub Bike Skills Day: Hersch said that 40-50 people attended, which is not a bad turnout for the first one. He said they may do another one during the summer, maybe at the City Hall gazebo in Keizer.

Monster Cookie: Hersch stated that online registration for the Monster Cookie is now open and is being used. There was discussion about the jerseys and t-shirts, and David had concerns about pre-ordering, which could possibly result in the necessity of stockpiling. Also discussed was promotion of the Monster Cookie by various entities.

Future Items for the Board: Monster Cookie and Peach Planning Updates, donation requests, improving club awareness of the award for carless days.

2016 OVERNIGHT RIDES

The Rides Committee has scheduled several overnight rides for this year in which club members will want to consider participating.

First off is a short tour to two Willamette Valley State Parks on June 3-5. This tour is especially friendly toward families and those new to bicycle touring. The first day takes us to Willamette Mission State Park, the site of the first mission for Native Americans in the west and the first American settlement after the fur trading forts in the Oregon Territory. On the second day we travel to the Champoeg State Heritage Area where Oregon's first provisional government was formed in 1843. The third day returns us to Keizer.

Later in June, the club will sponsor a 3-day self-supported packdown ride on the Old West Scenic Bikeway that will start on Mitchell on the 25th.

Other rides include a 2 day trip on the Cascading Rivers Scenic Bikeway (see page 12 for more information about this ride), a 3-day ride on the Wild Rivers Coast Scenic Bikeway, and a trip to Crater Lake to take advantage of car free days on East Rim Drive.

Watch the rides calendar for more details on these rides.
# SALEM BICYCLE CLUB 2016 BUDGET

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*Adopted by SBC Board on 1/9/2016.*
2015 VOLUNTEERS

Board of Directors
David Philbrick, President
Chris Hoy, Vice-President
Hersch Sangster, Secretary
Sandy Lundblad, Treasurer
Preslee Jeffers, Membership
Bob Luoma
Marilyn Monson
Winnie Sangirardi
Chuck Young

Monster Cookie Coordinator
Larry Miles

Peach Coordinators
Joanne Heilinger
David Philbrick

Newsletter Editors
Larry Miles
JoAnn Dewey
Doug Parrow

Webmaster
Doug Parrow

Accountant
Jackie Lefevre

Event Rides Database Entry
Sandy Lundblad
Chuck Young

Ride Mileage Database Entry
James Ross

Annual Picnic and Banquet Coordinators
Preslee Jeffers
Theresa Jeffers

Rides Committee
Joanne Heilinger, Chair
Al Bushey
Loretta Davis
JoAnn Dewey
Chris Hoy
Preslee Jeffers
Theresa Jeffers
Carlie Keever
Mark Lebow
Jackie Lefevre
Paul Logan
John Henry Maurice
Marilyn Monson
Lisa Morris
Doug Parrow
Jakey Ross
James Ross
Winnie Sangirardi
Chuck Young

Mapping Coordinator
Doug Parrow

Education and Outreach Volunteers
Rodrigo Allerano

Jackie Lefevre
Clark Luchau
Bob Luoma
Bev Martin
Gary Obery
James Owen
Kari Owen
Kristina Owen
Linnea Owen
Doug Parrow
Winnie Sangirardi
Hersch Sangster
Katrina Sangster
Mary Ann Sangster
Randy Thomas
Chuck Young
Preslee Jeffers
Mark Lebow*
Jackie Lefevre
Jody Loper
John Henry Maurice
Marilyn Monson
John Newell
Doug Parrow
David Philbrick
Jakey Ross
James Ross
Hersch Sangster
John Sangster
Katrina Sangster
Mary Ann Sangster
Gary Schmidt
Ken Searl
Gary Strand
Mike Van
Emily Wieczorek
Chuck Young
*ride coordinators

Ride and Highwheeler Coordinators
(more than 30 points)
Joanne Heilinger
Jackie Lefevre
Marilyn Monson
Dori Nelson
Hersch Sangster
George Schopfer
Doug Parrow
Jakey Ross

Ride and Highwheeler Coordinators
(11 to 30 points)
JoAnn Dewey
Chris Hoy
Mark Lebow
Paul Logan
James Ross
Mary Ann Sangster
Dan Schuh
Chuck Young

Ride and Highwheeler Coordinators
(10 or fewer points)
Norm Fink
Gus Gentsch
Sunny Goldmen
Jim Hammack
Brian Hansberry
Mary Sue Hansberry
Mike Hansberry
Bill Hansen
Joanne Heilinger
Ron Henderson
Hersch Sangster
Craig Wojcik
Pamela Wojcik
Al Bushey
Larry Miles

Novice Ride Volunteers
Rodrigo Allerano
Bonnie Beal
Susan Clem
Loretta Davis
JoAnn Dewey
Mary Sue Hansberry
Joanne Heilinger*
Chris Hoy

Event Ride Volunteers
Nick Adams
Carolyn Alexander
Miles Aucher
Ruth Aucher
Gina Biehl
Lisa Blades
Jean Brougher
Ken Brown
Cindy Bushey
Pam Carey
Pat Carey
Robert Chavier
Richard Chesbrough
Loretta Davis
Lowell Dean
JoAnn Dewey
Bob Dichtel
Carolyn Foland
Norm Fink

Gene Larson
Lori Larson
Mark Lebow
Ande Lewis
Christy Lewis
Harry Lewis
Steve Lewis
Paul Logan
Bob Luoma
Sandy Lundblad
Sandy Lundblad

Event Ride Volunteers
Nancy Sanchez
Steve Sanchez
Winnie Sangirardi
Hersch Sangster
John Sangster
Mary Ann Sangster
Mary Schmidgall
George Schopfer
Ken Searl
Spencer Stanley
Gary Strand
Mike Van
Bill Van Natte
Maggie Welker
Chuck Young
Rodrigo Allerano
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Susan Clem
Jody Loper
Marilyn Monson
John Newell
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10% Shoe Discount to SBC Members

*P.E.D.A.L. winner Joanne Heilinger and Battered Saddle winner Ken Searl.*
SBC CALENDAR

BOARD MEETING
Tuesday, March 8th, 6:30 p.m.
Boys and Girls Club, 1395 Summer St.
NE. Contact: Hersch Sangster

RIDES COMMITTEE MEETING
Friday, March 11th, 7:00 p.m.
Contact: Joanne Heilinger

SBC GENERAL MEETING
Tuesday, March 22nd, 6:30pm.
First United Methodist Church at the corner of State and Church St. Social hour begins at 6:30 with the meeting at 7pm. See page 3 for program information.

OFF THE BACK

CASCADE RIVERS SCENIC BIKEWAY TOUR

Jakey Ross will lead a ride on the Cascading Rivers Scenic Bikeways on August 6-7, 2016. This state scenic bikeway follows the Clackamas and Breitenbush Rivers on a 70-mile route between Estacada and Detroit. Round trip, the route travels 140 miles with 4,413 miles of elevation gain. The ride will start in Estacada, spend the night in Detroit or at Breitenbush Hot Springs and return to Estacada on the 7th.
This will be a credit card pack down with most participants staying in motels and eating breakfast and dinner in restaurants so riders will only need to carry a change of clothes and personal items. However, some participants may opt to camp.


Make reservations early to hold your room and be sure to check the facility’s cancellation policy.

Contact Jakey Ross 503-581-7462, 503-881-7463, jakeyross@me.com, with questions or comments.