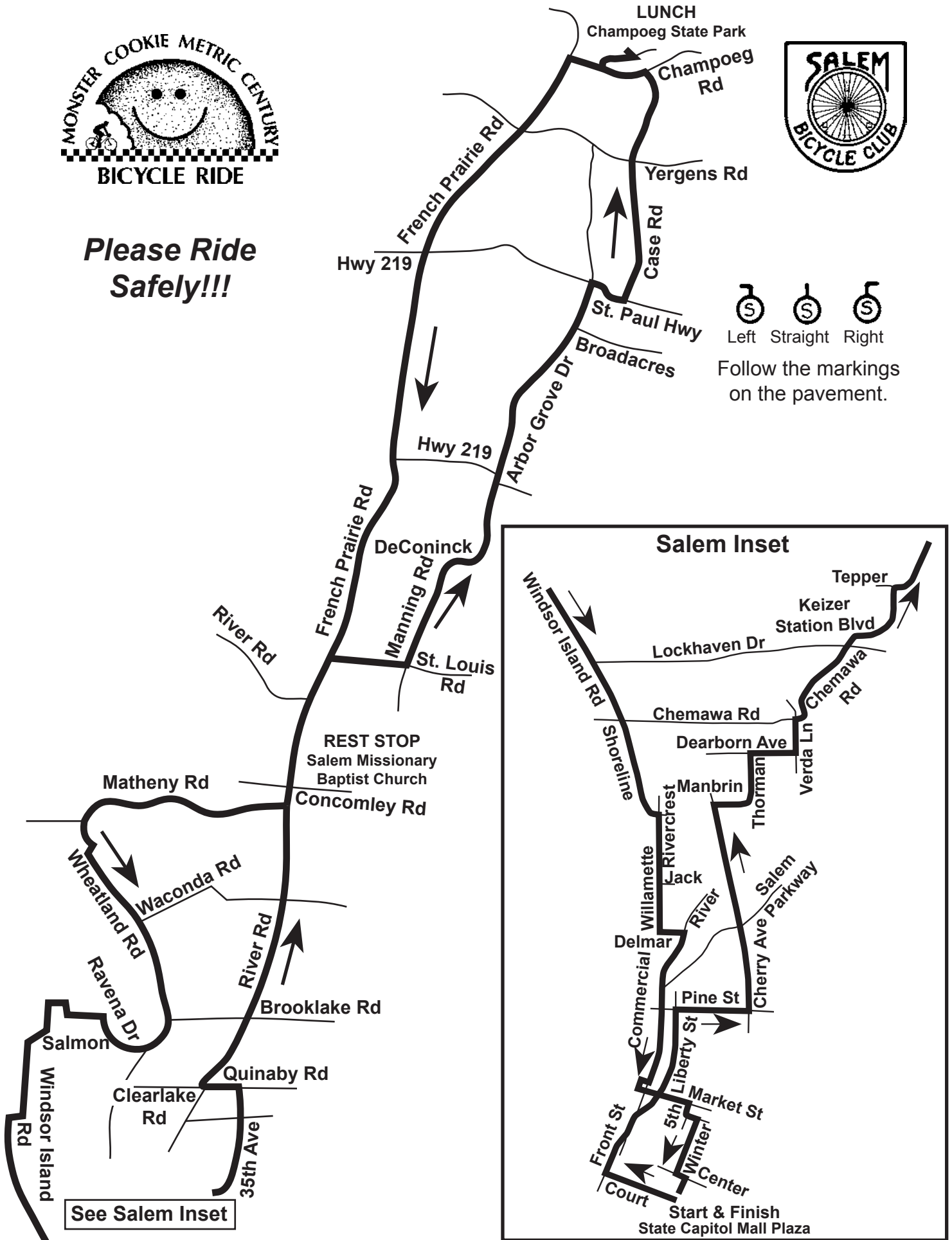




Please Ride Safely!!!



Left Straight Right
Follow the markings on the pavement.



See Salem Inset

Salem Inset

Start & Finish
State Capitol Mall Plaza

Monster Cookie Metric Century Bicycle Ride

- 0.0 **START** westbound on Court St
- 0.6 **RIGHT** on Front St bypass
- 1.0 **LEFT** on Commercial St
- 1.0 Commercial St becomes Liberty St
- 2.2 **RIGHT** on Pine St
- 2.8 **LEFT** on Cherry Ave
- 3.5 cross Salem Parkway
- 4.6 **RIGHT** on Manbrin Dr
- 4.8 Manbrin Dr becomes Thorman Ave
- 5.2 **RIGHT** on Dearborn Ave
- 5.7 **LEFT** on Verda Ln
- 5.9 **RIGHT** on Chemawa Rd
- 6.7 continue straight onto Keizer Station Blvd
- 7.6 bear right at Tepper Ln
- 7.7 Keizer Station Blvd becomes 35th Ave
- 9.2 **LEFT** on Quinaby Rd
- 9.8 **RIGHT** on River Rd
- 11.0 cross Brooklake Rd
- 11.5 **CAUTION:** RR crossing at very bad angle
- 12.9 cross Waconda Rd
- 14.2 Matheny Rd
- 14.5 **REST STOP – Salem Missionary Baptist Church**
- 15.8 straight onto French Prairie Rd
- 16.5 **RIGHT** on St Louis Rd
- 17.6 **LEFT** on Manning Rd
- 19.2 Manning Rd becomes Deconinck Rd
- 19.8 DeConinck Rd becomes Arbor Grove Rd
- 21.0 **LEFT** on Hwy 219
- 21.2 **RIGHT** on Arbor Grove Rd
- 23.6 Broadacres Rd
- 24.3 **RIGHT** on St Paul Hwy
- 25.0 **LEFT** on Case Rd
- 27.1 cross Yergen Rd to continue on Case Rd
CAUTION: High speed cross traffic.
- 28.4 **LEFT** on Champoeg Rd
- 29.4 **RIGHT** into Champoeg State Park
- 29.6 straight toward Oak Grove Group Picnic Area
- 30.2 **LEFT** toward Oak Grove Group Picnic Area
- 30.3 **LUNCH AT OAK GROVE GROUP PICNIC AREA**
- 30.3 After lunch, continue through parking lot to resume the ride.
- 30.5 **RIGHT** toward Park exit
- 31.1 straight toward Park exit
- 31.3 **RIGHT** on Champoeg Rd
- 31.5 **LEFT** on French Prairie Rd
- 32.7 cross McKay Rd
- 35.0 cross St Paul Hwy onto Hwy 219
- 38.1 straight onto French Prairie Rd
- 38.2 cross Mahoney Rd
- 41.4 St Louis Rd
- 42.0 straight onto River Rd
- 43.3 **REST STOP – Salem Missionary Baptist Church**
- 43.7 **RIGHT** on Matheny Rd
- 46.9 straight onto Wheatland Rd
- 47.4 Willamette Mission State Park
- 48.7 Waconda Rd
- 50.3 Brooklake Rd
- 50.6 **RIGHT** on Ravena Dr
- 51.7 **LEFT** on Salmon St
- 52.3 **RIGHT** on 9th Ave
- 52.4 **LEFT** on Simon St
- 52.7 **LEFT** on Windsor Island Rd
- 56.7 Lockhaven Dr
- 57.2 straight onto Shoreline Dr
- 58.1 **LEFT** on Wayne Dr
- 58.1 **RIGHT** on Rivercrest Dr
- 58.6 straight on bikeway
- 58.7 straight into River's Edge Park
- 58.8 straight onto Willamette Dr
- 59.1 **LEFT** on Delmar Dr
- 59.3 **RIGHT** on River Rd
- 60.8 **RIGHT** on Gaines St
- 60.8 **LEFT** into "coned" bicycle lane
- 60.9 **LEFT** on Market St
- 61.1 **RIGHT** on 5th St
- 61.3 5th St turns into D St
- 61.3 straight at stop sign to continue on D St
- 61.5 **RIGHT** on Winter St
- 61.8 **LEFT** on Center St
- 61.9 **RIGHT** onto Capitol Mall
- 62.0 **END AT CAPITOL MALL PLAZA**